

## Blood Glucose Meter and Test Strips Notice

**One Touch** by LifeScan is the preferred covered blood glucose meters and test strips for CareFirst BlueCross BlueShield Community Health Plan Maryland members. You will not have to obtain a Prior Authorization for these meters and strips. The test strips will have a quantity limit of 200 strips every 25 days.

### If you are a member...

- You should discuss with your provider which is the best meter for you. There are two(2) different meters available. Here is a chart to compare the different One Touch meters.

## Features of the OneTouch Verio® brand blood glucose meters



**OneTouch Verio Reflect® meter**

Help make progress toward diabetes management goals



**OneTouch Verio Flex® meter**

Takes the guesswork out of blood sugar results

ColorSure® technology	Yes – Shows when results are in or out of range and when they are near-low or near-high levels	Yes- Shows when results are in or out of range
Blood Sugar Mentor™	Yes – Tips and pattern messages appear based on results	No
Meal Tagging	Tag meals and events on meter and when paired with OneTouch Reveal® mobile app	Tag meals and events when paired with OneTouch Reveal® mobile app
Test Strip Compatibility	OneTouch Verio® test strips	OneTouch Verio® test strips
Languages	English and Spanish; OneTouch Reveal® mobile app – 13 languages	Universal; OneTouch Reveal® mobile app – 13 languages
Testing Illumination	Backlit color display	No
Memory (blood glucose and control solution results)	750	500
Meter Size (Inches H x W x D)	3.97 x 1.69 x 0.61	3.38 x 2.05 x 0.63
Battery	Two CR2032 coin cell batteries	One CR2032 coin cell battery
Minimum Blood Sample Size (µL)	0.4 µL	0.4 µL
Test Time (Seconds)	5	5
Coding	No code required	No code required
Optional Bluetooth®	Yes	Yes

**Universal – Meter results displayed in numbers that can be understood across languages.**

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- You will need new prescriptions for the One Touch meter and test strips.
- To get your new One Touch meter and test strips you can...
  - 1) Have your Provider contact your pharmacy with new prescription(s) for the One Touch meter and/or test strips.
  - 2) Take the prescription(s) to the pharmacy to have them filled **or**
  - 3) Call CVS Caremark Diabetic Meter Program at 800-588-4456
    - a. You will need to tell the representative which meter has been prescribed. This program will ship a meter kit directly to you once they confirm you have a matching test strip prescription at the pharmacy.
- *Available free application (app): One Touch Reveal Mobile.*

More info on One Touch Reveal app at <https://www.onetouch.ca/revealapp>

### **Important Reminders...**

- More than 200 test strips per month will require Prior Authorization
- As always, you will have a zero (\$0) copay for any One Touch meter and strips
- If you have any difficulty using your meter or strips, call us at 1-800-730-8530 and ask for a Nurse Case Manager

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