

Guidelines for Emergency Fills

January 2023

CareFirst BlueCross BlueShield Community Health Plan Maryland (CareFirst CHPMD) plan allows network pharmacies to provide an emergency supply of most medications when an eligible member presents a prescription for a **formulary medication that requires a prior authorization (PA) or non-formulary medication.** Below is a list of drug classifications and corresponding days supply limits.

Drug Classification	Days Supply Limit
Maintenance Medications*	3 days
Antibiotics	3 days
Albuterol-only containing Inhalers	30 days (post ER, hospital, or Urgent Care discharge only)

^{*}Maintenance medications are determined by COMAR 10.09.03.01(B)(25)

An acceptable emergency fill request for a non-formulary medication is made under the following provisions:

- 1. The member presents a **valid prescription** to a network pharmacy within 72 hours of discharge or release from any acute care facility/service provider (i.e., hospital, emergency room, urgent care center, etc.).
- 2. The prescriber or network pharmacist confirms the prescribed medication is needed for emergency treatment based on his/her professional judgment.
- 3. A network pharmacist must attempt to outreach prescriber to discuss formulary options. If unable to reach, the pharmacy representative documents the failed attempt.
- 4. A network pharmacy representative attests the prescriber of the prescription will be contacted to initiate a non-formulary exception request for the prescribed medication.
- 5. The medication is appropriate to dispense as a partial supply before prior authorization is received. Certain Specialty medications, Hepatitis C medications, and Insulins are dispensed in unbreakable packaging and not eligible for partial fill.
- 6. All narcotic override requests must be sent directly to the client, in which the CHPMD on-call Pharmacy Associate will respond within 2 hours.

Once all emergency fill provisions are met, a CVS pharmacy claims processing representative will enter a **one-time override** into the pharmacy claims system, which will be valid for three (3) days from the emergency fill approval.

Select one of the following to request a one-time override:

- Complete the <u>Formulary Exception/Prior Authorization Request form</u> and fax it to CVS/Caremark at 1-855-762-5205.
- Call CVS/Caremark CareFirst CHPMD PA line at 1-877-418-4133. Hours are Monday-Friday 9:00 a.m. to 7:00 p.m., Saturday-Sunday 8:00 a.m. to 5:30 p.m., closed Holidays.
- Go to https://www.covermymeds.com/epa/caremark/ to submit an electronic PA request to CVS. through CoverMyMeds.

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